## **ABOUT TINA LAWS (HER STORY)**

Tina T. Laws is a riveting professional whose mission is to help people optimize their communication to get the best relationships of their lives. Tina has been privileged to coach corporate, public and non-profit leaders and managers, married couples, single and divorced women, men and teens as well as the offending population.

She is a nationally recognized brand, being an experienced relationship coach, accredited mediator, facilitator, talk show host, advocate and executive leader with over 15 year of experience. She's extremely grateful to be in a position to apply her masters in criminal justice, bachelors in psychology, relationship coach, mediation, domestic violence and various certifications to her daily interaction with clients. Tina credits her academic, professional, personal and social experiences as the driving force behind her knowledge of relationships, conflict and communication. Tina is most grateful that God has guided her through some of the most conflicting personal, professional and social experiences.

As a teen domestic violence survivor, then insecure single parent, Tina had to learn to OWN IT by doing the work to empower herself. After much trial and error, she now travels to speak, coach and mediate, helping others to OWN it and utilize her tools and workshops. As a corporate and nonprofit force, Tina continues to work with leaders in business to help them communicate effectively in our diverse world. She has seen firsthand that business leaders and managers are often unprepared for the cultural differences and challenges in today's world. While people are committed to equality, diversity, and inclusion, they may lack the communication skills necessary for an inclusive working environment. She strongly believes that the communication challenges and conflict in today's workplace could easily be avoided and resolved if people had the right training and skills. Tina motivates her clients to increase their confidence and foster better work, intimate and social relationships by teaching effective communication techniques to pivot in the face of conflict, miscommunication and ongoing relationship challenges.

Tina's results speak for themselves, she has had 15-plus years successfully coaching passive and aggressive clients, victims of abusive relationships, corporate leaders and teams to manage conflict, diversity and inclusion, divorced and single women, married couples, the offending population (men,women and trainees) and women seeking to become entrepreneurs. She believes that her 13 years of work experience with the offending population is by far her truest test of successfully managing conflict. Tina is also known for her engaging, relatable, honest, humorous and direct, coaching style.

She is passionate about teaching how good communication is the key to better relationships at home, at work, and in the world!

# TINA T. LAWS, M.S (CEO)

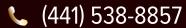
Relationship Coach | Trainer | Mediator | Speaker







▼ Tinalawsconsulting@gmail.com



#### **Our Services:**

- **Individual and Couples Consultations**
- Leadership, Couples & Women Coaching Programs
- **Keynote Speaking**
- **Corporate & Relationship Trainings and Workshops**

### Signature services are tailored for these groups:

- **Corporate: Leadership and Team Building**
- **Teens & Young Adults**
- **VIP** for Couples
- 'Own It' Ladies Night

## Here are some of our key coaching speaking and training solutions:

'The Power of Communication in Action'- Group training for individuals in Leadership - Do you find it challenging to connect with colleagues or staff? Has culture and diversity been a roadblock? Have you been labeled as dictatorial or a helicopter? Does your communication style offend others? Need to optimize communication to earn your next promotion? This one-day interactive group training is for Leaders seeking innovative ways to improve their personal communication style, develop a strategy to address team conflict and effectively communicate with diverse cultures. Together, we will rewire your outlook on leadership and effective communication for today and beyond. This training can also be tailored for individuals seeking 1:1 coaching and support.

PIVOT: VIP Program for Leaders – Do you often feel overwhelmed with your daily work routine and tasks? Seeking to better manage staff conflict? Have passive-aggressive coworkers and /or boss? Find it challenging to prioritize personal time? Prepared a draft of your resignation letter? Your leadership role entails far more than the day-to-day operations and functionality listed on your job description. We will work together to strategize ways to help you easily pivot beyond conflict, miscommunication and relationship challenges at work, at home and in the world. We will provide the tools to help you delegate, separate work and personal life, and strategically position you for a promotion, increase in salary, entrepreneurship, career change or management.

Own It in 6 weeks - 1:1 Program for Assertive Women – Do others find you too aggressive or bossy? Are you labeled as too independent? Do you struggle to prioritize your personal needs? Do you find it difficult to trust others? Are you ready to have better relationships? Together, we will identify your personal communication style, establish your desired relationships and reposition you to pivot beyond past and current conflicting situations, miscommunication and relationship challenges. Let me help you to refine your communication skills, better manage your intimate, professional and social relationships; and strategize how you interact with others. In other words, I will help you to 'own your position' in relationships.

Mediation in the Workplace - Managing Conflict Informally - Has bullying, miscommunication, harassment and discrimination fueled workplace conflict? Understanding how stressful and distracting this is in the working environment, as the neutral third party professional, we help alleviate the burden by orchestrating the process to negotiate and resolve the situation amicably. Mediation is also a cost effective resource helping to prevent the hiring process, untimely termination and garden leave. We support HR professionals, senior management, supervisors and staff. You can also request us to facilitate training and workshops specific for your team.

VIP Couples Program - 3 Month- Are you on the brink of a breakup? Constantly arguing? Do you feel invisible? Does the couch or bed now seem too small? Does date night feel like a chore? Did infidelity cripple the relationship? Has laughter become something of the past? Are financial decisions affecting the relationship? Do your parenting styles clash? During our time together, I will help you to rediscover your individual communication styles to match each other. You will learn how to effectively communicate your feelings, address concerns and ongoing challenges. You will gain a new understanding of what it means to re-commitment. You will learn the importance of placement of family and friends. Most importantly, you will learn how to pivot, together. We will give you the tools for your relationship tool box. You get to choose which tools to use first.

Domestic Violence Awareness Training for Senior Staff - Does staff often call in sick? Get too many visits or telephone calls from their significant other? Do staff opt out of office functions or refuse to stay late? Show up with obvious bruises? A sudden change in hair or clothing style? Often request a salary advancement? These are just some of the signs to indicate that your employee or employer may be experiencing abuse outside or during working hours.

This domestic violence awareness training is for senior management, security and staff who willingly agree to participate in the training. You will learn the various aspects of domestic violence, the appropriate approach and referral process and ways to eliminate or protect staff from an onsite tragedy. We also provide mediation services for staff displaying bullying, harrassment, miscommunication and discrimination.

We are Social:

f (in @TinaTLaws50

